

YOUTH LGBTIQ+ RESOURCE



A DIRECTORY OF YOUTH LGBTIQ+ FRIENDLY SERVICES
IN MELBOURNE'S INNER METRO AND INNER EAST

A resource created by the Inner Eastern Local Learning & Employment Network

WHY?

Although most Lesbian, Gay, Bisexual, Trans, Queer and Intersex (LGBTIQ+) Australians live healthy and happy lives, research has demonstrated that a disproportionate number experience poorer mental health outcomes and have higher risk of suicidal behaviours than their peers. These health outcomes are directly related to experiences of stigma, prejudice, discrimination and abuse on the basis of being LGBTIQ+.

The purpose of this resource is to provide information and increase awareness of the services, programs, and supports available to LGBTIQ+ young people (12-25) in Melbourne's inner Metro area, with a particular focus on the inner East (Port Philip, Stonnington, Boroondara).

It also includes ways for LGBTIQ+ young people to connect via support groups, days of celebration, and media.

The resource can be used by young people, their families, and carers, as well as the organisations and services that work to support LGBTIQ+ young people. Throughout the online version of this resource, there are clickable web links providing further information.

YOUTH LGBTIQ+ STATS

LGBTIQ+ young people aged 16 to 27 are **five** times more likely to attempt suicide

6 in 10 experience verbal abuse, with **2 in 10** experiencing physical abuse

33% of LGBTIQ+ young people aged 16 to 27 reported having self-harming, **41%** had thoughts of harming themselves

LGBTIQ+ young people are **twice** as likely to be diagnosed and treated for mental health disorders

In 2018/19, **42%** of LGBTIQ+ young people aged 18-29 had not yet 'come out'

DATA SOURCES

www.lgbtihealth.org.au/statistics

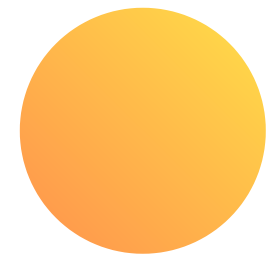
What's up in you world survey 2019



CATEGORIES



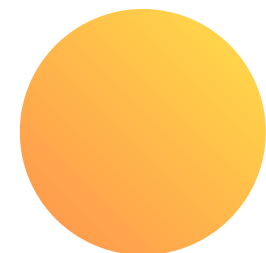
CLINICS & HEALTH CENTRES



SERVICES AND PROGRAMS



SUPPORT GROUPS



ONLINE AND PHONE SUPPORT



STAY CONNECTED



LGBTIQ+ FRIENDLY CLINICS & HEALTH CENTRES

To combat the health risks that LGBTIQ+ young people may face, the following health centres and clinics offer a variety of services.

Although not all are youth specific, they all offer a range of services and therapies to young people, each with trained professionals employed.

THE ROYAL CHILDREN'S HOSPITAL MELBOURNE GENDER SERVICE

The Royal Children's Hospital (the RCH) Melbourne Gender Service aims to improve the physical and mental health outcomes of children and adolescents who are trans or gender diverse.

SERVICES

Families who access The RCH Gender Service with their child or adolescent will be provided with a family centred approach to care. This will entail a multidisciplinary assessment of their child or adolescent regarding gender diversity or gender dysphoria. As an outcome of the assessment, support and treatment pathways will be offered.

The RCH Gender Service accept new referrals from across Victoria for any child or adolescent up to the age of 17 years with concerns regarding their gender identity. A referral from a General Practitioner (GP) to the Gender Service is required.



LOCATION

50 Flemington
Rd, Parkville



AGE

Up to the age
of 17



COST

Free with a
referral



CONTACT

(03) 9345 5034



Referral form



The Royal
Children's
Hospital
Melbourne



www.rch.org.au/adolescent-medicine/gender-service

PRAHRAN MARKET CLINIC



Prahran Market Clinic is a privately owned medical General Practice, supported by Allied Health providers. Particular focus is placed on sexual health, and Gay, Lesbian and Gender Diverse health.

The Clinic is well regarded and respected for its involvement in HIV clinical research trials and for the teaching of medical students.

SERVICES

- Gay & Lesbian health
- Transgender health
- Sexual health & HIV
- HIV rapid tests
- Women's health and contraception control
- Health care plans
- Health checks & risk evaluations
- Travel medicine - immunisations



www.prahranmarketclinic.com



LOCATION

Pran Central
Shopping Centre,
Mezzanine Level 1
325 Chapel Street
Prahran



AGE

Any age



HOURS

Monday to Friday
8:30am to 5:45pm
Saturday - 9:00am
to 12:45pm

CONTACT



(03) 9514 0888



[hello@praHRan
marketclinic.com](mailto:hello@praHRanmarketclinic.com)



COST

Prahran Market
Clinic is a private
billing clinic

THORNE HARBOUR HEALTH

**thorne
harbour**
health*

Previously the Victorian Aids Council, Thorne Harbour Health is a community-controlled organisation, working for sex, sexuality and gender diverse communities. As a central part of the Victorian community response to the HIV/AIDS epidemic, Thorne Harbour provides a range of services which include prevention education, treatment and care of PLHIV and counselling services.

Their evolution has come to include a broadening of services for the health needs of the lesbian, gay, bisexual, transgender, and intersex (LGBTI) communities to ensure all gender, sex, and sexually diverse individuals are treated with dignity and can participate in society.

SERVICES

- Individual counselling
- Relationship counselling
- Therapeutic groups
- Peer education workshops



www.thorneharbour.org



LOCATION

Level 5, 615 St Kilda Rd, (located in the Cancer Council building)



AGE

Over 18. Clients aged 16-17 may be able to access services. Contact the Duty Worker (Monday-Friday 10am-4pm) for further information



HOURS

Monday - 9am-7pm
Tuesday - 9am-9pm
Wednesday - 9am-9pm
Thursday - 9am-9pm
Friday - 9am-5pm



COST

No cost for Alcohol and Other Drugs (AOD) and Family Violence services.

Cost for General Counselling services are negotiated on a sliding scale



CONTACT

(03) 9865 6700



counselling@thorneharbour.org

THE CENTRE CLINIC



The Centre Clinic is a safe, friendly LGBTI General Practice providing general health care for gay men, lesbians, bisexuals and trans people, as well as specialist medical care for people living with HIV, and expert sexual health screening and treatment. It has an informal, friendly and relaxed atmosphere.

The registered General Practitioners are able to provide healthcare and specialist referrals for all health related matters.

Centre Clinic has strong links with a range of LGBTI friendly allied health services throughout Victoria – this includes dentists, podiatrists, psychologists, counsellors, dieticians, physiotherapists, chiropractors, osteopaths and others.

SERVICES

- LGBTI General Practice
- HIV testing and management
- STI testing and treatment
- PrEP/PEP



www.thorneharbour.org/lgbti-health/centre-clinic

LOCATION

Rear of 77
Fitzroy St, St
Kilda

AGE

Any age

HOURS

Monday - 9:30am – 6:30pm
Tuesday - 9:30am – 5:00pm
Wednesday - 9:30am – 5:00pm
Thursday - 9:30am – 5:00pm
Friday - 9:30am – 5:00pm
Saturday - 9:00am – 12:30pm

COST

Bulk Bill Medicare Card
Holders, Private Fees
payable on the day for
non-Medicare Card
holders

CONTACT

 (03) 9525 5886

 clinicreception@thorneharbour.org

LIFEWORKS



LifeWorks Relationship Counselling and Education Services is a not-for-profit organisation that aims to promote healthy, respectful and fulfilling relationships within the Victorian community.

In partnership with Thorne Harbour Health and SEMPHN, Lifeworks offer free counselling to LGBTQ+ clients living in the southern suburbs of Melbourne. See website for details.

Lifeworks welcome Lesbian, Gay, Bisexual, Trans, Gender Diverse and Intersex (LGBTIQ+) people at their services, pledging to provide inclusive and non-discriminatory services to LGBTIQ clients. Lifeworks also has Rainbow Tick accreditation.

SERVICES

- Individual counselling
- Relationship counselling
- Accessible Psychological Interventions (API)
- Family therapy
- Relationship education programs



www.lifeworks.com.au

LOCATION

Various
locations across
Inner Metro
Melbourne

AGE

Any age

HOURS

Monday - Thursday
8.30am - 8.00pm
Friday -
8.30 - 5.00pm

COST

Payment is based
on a sliding scale
dependent on
income

CONTACT



1300 543 396



[lifeworks@lifeworks.
com.au](mailto:lifeworks@lifeworks.com.au)

HEADSPACE HAWTHORN



headspace is Australia's National Youth Mental Health organisation with intervention services and health promotion programs to 12-25 year old, inclusive of LGBTIQ young people.

headspace Hawthorn is committed to embracing diversity and eliminating all forms of discrimination in the provision of health services. headspace welcomes all people irrespective of sexual orientation and gender identity. They are operated by Access Health and Community.

SERVICES

- Counselling in a LGBTQIA+ safe space with youth-friendly clinicians.
- LGBTQIA+ friendly Doctor
- Various events and activities for the LGBTQIA+ community (see social media)

LOCATION

Level 1, 360 Burwood Road, Hawthorn

Available to all young people aged 12-25

 **AGE**
12 to 25

COST

Services are all bulk billed with Medicare, no payment required

CONTACT

 (03) 9006 6500

 enquiries@headspacehawthorn.org.au

HOURS

Mon – Tues 9:30-6pm
Weds - 9:30-8pm
Friday – 9-5pm



www.headspace.org.au/headspace-centres/hawthorn

EQUINOX



Equinox is a peer led Trans and Gender Diverse (TGD) Health Service operated by Thorne Harbour Health (THH). Equinox work in partnership with the THH Trans Advisory Group and patients to establish service needs and define priorities.

By working in partnership with the TGD community, Equinox aims to provide a safe environment for gender diverse clients to obtain quality medical care. They honour and support informed decisions and will use preferred name and pronouns, whilst treating clients with respect.

SERVICES

Services include General Practice healthcare, sexual health, hormone initiation and management, Pre-Exposure Prophylaxis (PrEP), Osteopathy and Counselling for Trans people.

LOCATION

175 Rose Street
Fitzroy
Open to all TGD
people residing in
VIC

AGE

All ages
HRT - 16 plus

HOURS


General Practice:
Mon – Fri: 9am – 5pm
Osteopathy - Friday
Counselling:
Thursday: 9am –
3.30pm

COST

Bulk Bill Medicare Care
holders for GP services.
Counselling services charged
on a sliding fee scale.
Osteopath services are
privately charged and
payable on the day of
service

CONTACT

 03 9416 2889

 [equinoxadmin@
thorneharbour.org](mailto:equinoxadmin@thorneharbour.org)



www.equinox.org.au

PRONTO

PRONTO!

PRONTO is Melbourne's only free rapid HIV testing service, for men who have sex with men. Confidential, accurate, rapid HIV testing with results in 15 minutes.

PRONTO offers rapid HIV test for free. Pathology fees are payable to the pathology lab on the day for non-Medicare card holders. PrEP consultations are bulk billed for Medicare card holders. Private fees are payable on the day for non-Medicare card holders.

SERVICES

- Peer Rapid HIV and STI testing for men having sex with men (MSM) and trans and gender diverse (TGD) people
- Pre Exposure Prophylaxis (PrEP) Clinics



LOCATION

175 Rose Street
Fitzroy. Open to all
gay, MSM, Trans
people



AGE

Sexually active
MSM and TGD
people of any
age



HOURS

Monday to Thursday:
4:00-8:00pm

Saturday: 10:30am-
2:30pm



CONTACT

(03) 9416 2889

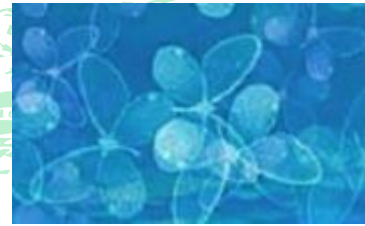


admin@pronto.
org.au



www.pronto.org.au

LINDA MIDALIA PSYCHOLOGY



Linda has been a psychologist in private practice and a member of the Australian Psychological Society for more than 20 years.

Her experience in the 1990's setting up, training and debriefing care teams for people with AIDS for the Victorian AIDS Council and counselling at the Gay Men's Health Centre led to establishing the Support Group for Women Partners of Gay and Bisexual men which functioned for more than a decade. She has a wealth of experience in working with Transgender clients and their families.

Her practice in South Yarra has been distinguished by an eclectic approach which allows tailored therapy to meet individual client needs and experience.

SERVICES

- One on one counselling for LGBTQI youth and families
- Counselling for transitioning
- Transitioning in the Workplace Program for Employers



LOCATION

29 Cliff Street
South Yarra

Accessible to all



AGE

Age 15 plus

CONTACT



(03) 9826 5452



lindamidalia@hotmail.com



COST

Payment is required,
however rebates can be
accessed through
Medicare or private
funds if client has cover



HOURS

Monday to Friday
9:00am to 5:00pm



www.lindamidaliapsychology.com.au

THE MELBOURNE CLINIC



The Melbourne Clinic (TMC) is an inclusive service. In 2017 it was the first private mental health hospital to achieve Rainbow Tick Accreditation. TMC offers inpatient, day program and outpatient mental health care services inclusive of LGBTIQ clients.

Its focus is to provide patients with the support and expertise from a comprehensive multi-disciplinary team of Psychiatrists, Addiction Medicine Specialists, Mental Health Nurses, Psychologists, Social Workers, Dietitians, and other Allied Health staff.

SERVICES

- Mental Health programs (inpatient and day) for people experiencing difficulty with any mental health condition
- Referral service to psychiatrists with a special interest in working with people from the LGBTI+ community.



LOCATION

130 Church Street,
Richmond

Accessible to all



AGE

Age 16 plus

CONTACT



(03) 9429 4688



Through site



COST

There is a cost for services. Contact to find out more



www.themelbourneclinic.com.au

MIND EQUALITY CENTRE



A safe, healing place in Fitzroy North for people of the LGBTIQ community and their families providing psychological and allied health counselling services.

The Mind Equality Centre's qualified and experienced practitioners all identify as members or allies of the LGBTIQ community. They really understand what it's like, so clients can focus on the issues that matter to them.

SERVICES

- Psychological counselling for individuals
- Family relationship counselling
- Couples counselling
- Occupational therapy
- Sex therapy
- Suicide prevention support



AGE

Age 16 to 65



LOCATION

366 St Georges Road, Fitzroy North



COST

Fees vary by practitioner type, but are competitively priced – contact the centre for full details.

Medicare rebates may be available to clients with a referral and mental health care treatment plan from a GP or other clinician. Some services are NDIS fundable.

They also welcome privately funded clients. Session fees can be claimed from your private health insurance fund if cover allows



HOURS

Appointments are available from Monday to Saturday, including some after hours availability

CONTACT



1300 054 284



mindequalitycentre
@mindaustalia.org.au



www.mindaustalia.org.au/mind-equality-centre

NORTHSIDE CLINIC INC

Northside Clinic is a General Practice owned and staffed by a number of GPs with years of experience working in Melbourne's inner North.

The clinic is open to all, but has a particular focus on Sexual Health, as well as providing quality medical care in a safe and friendly environment for the Lesbian, Gay, Bisexual, Trans and HIV positive communities in Melbourne's North. They are committed to providing an environment that is safe and inclusive for people of all sexual orientations, sex and gender identities.

SERVICES

- Testing for and management of Sexually Transmitted Infections (STIs) and HIV
- Counsellors – (generally charge a gap payment)
- Family therapist
- Osteopath

LOCATION

370 St. Georges Road,
Fitzroy North

Accessible to people who identify as LGBT or people who live in 3068 postcode

 **AGE**
Any age

\$ COST

Fee for services, depending on the length of the appointment. Reabtes available

HOURS

Monday – 8:30am-6pm
Tuesday – 8:30am-6pm
Wednesday – 8:30am-6pm
Thursday – 8:30am-6pm
Friday – 8:30am-6pm
Saturday – 9am-12pm

CONTACT

 (03) 9485 7700

 info@northsideclinic.net.au



www.northsideclinic.net.au

MONASH HEALTH GENDER CLINIC



The Monash Health Gender Clinic (MHGC) is a state-wide service that provides individualised, consumer centred care for trans, gender diverse and non-binary people, their families and partners. Their principle aim is to improve the health outcomes and wellbeing of all clients. The MHGC accept all referrals for individuals who are aged 17 and above and reside in the state of Victoria.

They also provide support and information for health care providers as well as community and advocacy groups. The MHGC welcomes sisters and brothers from indigenous communities. Clients need to complete a General Information Form, and get a referral from a medical practitioner, such as a GP or medical specialist.

SERVICES

- Provide a safe space to explore gender identity
- Assess experiences of gender dysphoria in accordance with international guidelines
- Explore various medical and social interventions relevant to transgender health
- Identify other mental or physical health issues that need to be managed prior to medical interventions
- Refer, where appropriate, to experienced private or public clinicians
- Provide additional social work support or connecting with relevant social services when required
- Support the gender transition process
- Advocate for access to health services

LOCATION

352 South Rd,
Hampton East

AGE

17 Plus

COST

Free with a GP
referral

HOURS

Monday - 8:30am-5pm
Tuesday - 8:30am-5pm
Wednesday - 8:30am-5pm
Thursday - 8:30am-5pm
Friday - 8:30am-5pm

CONTACT

 03 9556 5216

 [genderclinic@
monashhealth.org](mailto:genderclinic@monashhealth.org)



www.monashhealth.org/services/services-f-n/gender-clinic



LGBTIQ+ SERVICES AND PROGRAMS

There are a number of services and programs which provide a range of supports, information, workshops, legal advice, safe spaces, and events for LGBTIQ+ young people in or close to the Inner Eastern region of Melbourne.

THE DRUM



The drum delivers youth services in Carlton, Kensington, North Melbourne, the Melbourne CBD, as well as the Richmond and Collingwood public housing estates. The drum is situated within drummond street services (ds), a community and family mental health and wellbeing service provider. Their work seeks to be; inclusive, supportive and to provide safe and affirmative spaces for young people to connect, as well as providing individual support and advocacy. The drum offer the following programs to LGBTIQ+ young people.

Queerspace Youth

Regular activities, events and support groups for LGBTQIA+ (and questioning) young people to increase social connection and capacity.

Invisible

Regular activities and events for QTPOC (Queer / Trans, person of colour) identified young people. Invisible aims to provide autonomous spaces for QTPOC young people.

Rainbow International Students

Supportive environment for LGBTQIA+ international students, such as regular English classes and social events.

ADDRESS

100 Drummond St, Carlton

AGE

12 to 25. Polaris and A Place at the Table are accessible to all ages

CONTACT

Phone: 03 9663 6733

Email: [Through site](#)

COST

All services are free

WEBSITE - www.thedrum.ds.org.au

Polaris (individual) & A Place at the table (family) Mentoring projects

LGBTQI+ mentoring projects that aim to build resilience in the community. These programs include mentorship relationships that are based on 'stages' rather than ages. Anyone can be a mentor regardless of age, and anyone can get mentored.

MINUS 18

Minus18 is Australia's largest youth-led organisation for same sex attracted and gender diverse youth. Minus18 aims to improve the health and wellbeing of, and provide a safe environment for, same-sex attracted and gender diverse young people in seeking to empower them to grow as happy, healthy individuals.

SERVICES - Event, workshops, resources, volunteer opportunities

WEBSITE - www.minus18.org.au

ADDRESS

81 Rupert St, Collingwood

AGE

13 to 25

CONTACT

Phone: 0478 098 540

Email: info@minus18.org.au

COST

Events are free

Workshops incur a fee

AREA COVERED

Victoria wide

AGE

All ages

CONTACT

Phone: 1800 184 527

Online: [Chat here](#)

COST

Free

SWITCHBOARD



Switchboard Victoria is a community-based not for profit organisation that provides a peer based, volunteer run support service for LGBTIQ+ people and their friends, families. They provide national telephone and web chat, as well as information and referrals on 1800 184 527 from 3pm to midnight every day.

SERVICES - Phone and web counselling, Referral service, Projects, Events, Suicide prevention

WEBSITE - www.switchboard.org.au

DCSS AUSTRALIA INC.



Diverse Community & Social Services is a NFP Community Justice Organisation, assisting people with infringement financial debts under the Infringement Act of Victoria. They are the only dual-accredited Diversity and Inclusion organisation within the Community Justice Program in Melbourne and Victoria.

SERVICES - Community Justice Program, Peer support and basic case management **WEBSITE** - www.dcssaustralia.org

AREA COVERED

Remote work throughout all of Victoria.
Melbourne cbd office opening 2020

AGE

Predmonantly 18+, but younger clients considered

CONTACT

Email: justice@dcssaustralia.org

COST

Free

AREA COVERED

Victoria wide

AGE

All ages

CONTACT

Online: [Through site](#)

COST

Free

PROUD 2 PLAY



Proud 2 Play (P2P) focus on increasing LGBTI+ engagement in sport, exercise and active recreation. To do this, they work with all levels of the sporting community, from individual participants and grassroots communities, to state and national sporting organisations. P2P seek to encourage LGBTI+ people to participate and engage in sport and exercise by providing structured opportunities and pathways.

SERVICES - Events, Education, Policy, Research

WEBSITE - www.proud2play.org.au

TRANSCEND



Transcend is the first parent led peer support network for parents of trans kids in Australia and has provided information, advocacy, parent support and community networking since it began in 2012.

SERVICES - Peer support, Community connection, Resources and information, Fundraising, Advocacy.

WEBSITE - www.transcendsupport.com.au

AGE

All ages

CONTACT

Email: info@transcendsupport.com.au

SOCIAL MEDIA

www.facebook.com/transcendsupport1

COST

Free

PARENTS OF GENDER DIVERSE CHILDREN



AREA COVERED

100 Drummond St, Carlton

AGE

Parents of any age

CONTACT

Email: info@pgdc.org.au

COST

Free

PGDC provides peer support to parents and those parenting trans and gender diverse children of any age. PGDC also provide support, referrals, advocacy, education, and information to professionals, organisations, schools and the wider community. They are available to conduct information sessions, policy advice, transition/affirmation planning and support and a range of other services.

SERVICES - Peer support, One on One peer support, Monthly social catch-ups, Australia-wide network of parents, Training and education sessions

WEBSITE - www.pgdc.org.au

VICTORIA POLICE GLLO PROGRAM



Victoria Police has appointed over 300 lesbian, gay, bisexual, transgender and intersex Liaison Officers (GLLOs) across the state in metro and rural areas. The GLLOs provide a contact point for LGBTIQ community members and provide advice, assistance and recommendations to Victoria Police on the policing needs of LGBTIQ people. Victoria Police currently has one full time GLLO and more than 230 portfolio GLLOs across the state.

LOCAL LOCATIONS WITH GLLO'S - Collingwood, Melbourne East, Melbourne North, Richmond, Southbank, Caulfield, Malvern, Prahran, St Kilda, South Melbourne **WEBSITE** - [link here](#)

LOCATION

Various Police Stations

AGE

All ages

CONTACT

Email: gllocoordinator-ops-oic@police.vic.gov.au

ADDRESS

Level 1, 210 Lonsdale St

AGE

15 years plus

CONTACT

Phone: 03 9662 4289

Email: info@fittedforwork.org

FITTED FOR WORK



Fitted for Work Transgender Program supports Transwomen and Gender Diverse (she/ her/ they/ them) jobseekers on their journey to finding employment. The program offers a suite of employment-related services, tailored for Transwomen and Gender Diverse jobseekers, to help increase work readiness and confidence.

SERVICES - Peer support, Personal Outfitting, Resume and Interview Prep, Job Prep, Presentation Workshops, Group Makeup and Styling Workshops.

WEBSITE - www.fittedforwork.org/transgender-program



LGBTIQ+ SUPPORT GROUPS

LGBTIQ+ support groups play an important role, especially for young people who, initially, may find it difficult to come out.

The following support groups may be peer led, and offer a safe space for young LGBTIQ+ people to understand that they are not alone in experiencing the various challenges they face.

GLEN EIRA PRIDE

The Glen Eira Pride program is run by Glen Eira Youth services and gives young people the chance to meet like-minded people, whilst promoting LGBTIQ awareness and inclusion. It is a safe, supportive, inclusive and confidential group.

WEBSITE - [Glen Eira Pride](#)

AGE
14 to 25

COST
Free

CONTACT

Email: youthservices@gleneira.vic.gov.au

Phone 03 95243676

WHEN

Wednesday 4pm to 5:30pm.

WHERE

Glen Eira Youth Services



AGE
18 Plus
COST

Gold coin donation welcomed

CONTACT

Email: info@bi-alliance.org

SOCIAL MEDIA

www.facebook.com/BiAllianceVic

WHEN

4th Tuesday of the month

WHERE

100 Drummond Street, Carlton



BISEXUAL ALLIANCE VIC

Bisexual Alliance Victoria Inc. is a non-profit volunteer-run organisation dedicated to promoting the acceptance of bisexuals in LGBTIQ and mainstream society, providing a fun, safe space where bisexuals can meet, make friends, and talk about their experiences.

WEBSITE - www.bi-alliance.org

TRANSFAMILY

Transfamily is a peer support group that meets monthly for parents, siblings, extended family and/or friends of a trans and gender diverse person. The group offers a warm and supportive environment and regularly runs workshops and hosts guest speakers.

CONVENORS - Carolynne and Sally

WEBSITE - www.transfamilysite.wordpress.com

AGE
18 plus

COST
Gold coin donation welcomed

CONTACT
Email: transfamilyvictoria@gmail.com
Phone: 0423 132 819

WHEN
Fourth Saturday of every month except
December and January

WHERE
Carlton



AGE
18 Plus
COST
Free

CONTACT
Email: enquiries@tgv.org.au
Phone: 03 90204642

WHEN
2nd Wednesday evening of each
month and 4th Saturday morning
WHERE 100 Drummond Street, Carlton



TRANSGENDER VICTORIA INC

Transgender Victoria is a leading body for trans and gender diverse advocacy. Working to achieve justice, equity and inclusive service provision for trans and gender diverse people, their partners, families and friends. TGV also runs a support group that meets twice monthly.

WEBSITE - www.tgv.org.au

YGENDER

Ygender is a peer support and advocacy organisation run by, and for trans/gender diverse young people. It offers a regular social events, create resources about trans rights and gender diversity, as well as workshops and training sessions on trans inclusive practices.

WEBSITE - www.ygender.org.au

AGE
25 and under
COST
Free

CONTACT
Email: info@ygender.org.au
Social: www.facebook.com/Ygender

WHEN
Event list [here](#)

WHERE
100 Drummond St, Carlton



AGE
14-25
COST
Free

CONTACT
Email: fullspectrum@bayside.vic.gov.au
Phone: 03 9599 4622

WHEN
Once a month

WHERE
Peterson Youth Centre, Highett



FULL SPECTRUM

Run by Bayside Council's Youth Services, Full Spectrum is a social group for young people who are part of the LGBTQIA+ community. The group provides an opportunity to meet like-minded people in a safe and supportive environment.

WEBSITE - www.bayside.vic.gov.au/full-spectrum

PRISM – HEADSPACE

Delivered by headspace Bentleigh, Prism is a peer support group for all questioning, LGBTIQ+ or outside the box young people aged 16-25. It offers a safe space to connect with other young people, the Rainbow community, resources, and further support.

WEBSITE - www.headspace.org.au/headspace-centres/bentleigh

AGE
12 to 25

COST
Free

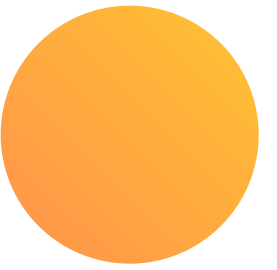
CONTACT
Phone: 03 9076 7400

WHEN
Once a week on Thursday afternoons

WHERE
973 Nepean Highway, Bentleigh



LGBTIQ+ ONLINE & PHONE SUPPORT



As immediate face to face support is not always available, phone and online supports offer LGBTIQ+ youth more immediate ways to deal with the questions and challenges they may face. Stats suggest that more than 60% of LGBTIQ+ youth use the Internet to connect with each other, often finding support and friendship online.

However, the benefits of online interactions are not without their limits, with harassment and discrimination also taking place. Many of the organisations and services previously mentioned will have online information available, however each of the following focuses on providing trusted, safe, youth friendly digital and phone services for LGBTIQ+ youth to turn to. If you require immediate help for your safety, or the safety of others, contact 000.



LIFELINE 13 11 14 www.lifeline.org.au

Lifeline provide 24/7 crisis support and suicide prevention services in every state and territory via a telephone crisis helpline. Lifeline also offers a nightly one-on-one online Crisis Support Chat service, which supports people who may feel more comfortable contacting them online, rather than over the phone.



QLIFE 1800 184 527 [www.qlife.org.au](http://www qlife.org.au)

QLife provides Australia-wide anonymous, LGBTIQ peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships. QLife services are free and include both telephone and webchat support, delivered by trained LGBTI community members across the country. Services are for LGBTIQ individuals, their friends and families, and health professionals.



TOUCHBASE www.touchbase.org.au

Run by Thorne Harbour, Touchbase provide a range of information to LGBTIQ Australians on Sexual Health, Mental Health, Alcohol and Drug use, as well as providing toolkits, a story board, and a reach out service for people to locate services.



RAINBOW NETWORK

www.rainbownetwork.com.au

Rainbow Network provides a comprehensive list of all the available support groups for LGBTIQ young people across Victoria. It also aims to empower health and human services that work with young people to provide safe, welcoming and inclusive services for young LGBTIQ Victorians.



KIDS HELPLINE

1800 55 1800

www.kidshelpline.com.au

Kids Helpline is a free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25. Kids Helpline has been operating for 26 years assisting kids and young people via their professional, specialised counsellors, who are willing to talk about any issue inclusive of LGBTIQ.



JUSTICE CONNECT - LGBTQI LEGAL RESOURCES

[View here](#)

Justice Connect aims to close the justice gap by connecting people and community groups with the legal help they need. Part of their service offers free legal resources to LGBTIQ young people which helps them to navigate their rights and the legal system.

STAY CONNECTED

The following media outlets offer ways for young LGBTIQ+ people to be connected to their community. Following these is a list of local and international events and days of celebration for the LGBTIQ+ community.



JOY 94.9

JOY RADIO - 94.9

JOY is Australia's LGBTIQ+ radio station broadcasting to 589,000 monthly listeners in Melbourne, and many more around the world online. JOY also offer a range of volunteering opportunities, from being on air, to podcasting, to office administration, to working with tech and IT.

WEBSITE - www.joy.org.au



STAR OBSERVER MAGAZINE

The Star Observer is a free monthly magazine and online newspaper with social media channels that caters to the lesbian, gay, bisexual, and intersex communities in Australia.

WEBSITE - www.starobserver.com.au

LGBTIQ+ CELEBRATED DAYS AND EVENTS

MIDSUMMA FESTIVAL

Midsumma Festival is Victoria's premier LGBTQIA+ cultural festival, made for and by communities who live with shared experiences around diverse gender and sexuality (DGS).

WHEN: 23 days between January and February



INTERNATIONAL TRANS DAY OF VISIBILITY

Celebrating transgender people and raising awareness of discrimination faced by transgender people worldwide, as well as a celebration of their contributions to society.

WHEN: 31st March



MELBOURNE QUEER FILM FESTIVAL (MQFF)

Melbourne Queer Film Festival (MQFF) engages the community with a program of the best LGBTIQ content that aims to educate, entertain and celebrate diversity.

WHEN: March



INTERNATIONAL LESBIAN DAY OF VISIBILITY

International Lesbian Day celebrates lesbian culture. Mainly celebrated in New Zealand and Australia, the day is marked with lesbian community events.

WHEN: 26th April



IDAHOBIT

The International Day Against Homophobia, Transphobia and Biphobia aims to coordinate international events that raise awareness of LGBTIQ rights around the world.

WHEN: 17th May



JANUARY

MARCH

APRIL

MAY

LGBTIQ+ CELEBRATED DAYS AND EVENTS

PRIDE MARCH

Pride parades and marches are outdoor events celebrating lesbian, gay, bisexual, transgender, and queer (LGBTIQ+) social and self acceptance, achievements, legal rights, and pride.

WHEN: June



WEAR IT PURPLE

Wear it Purple Day is an annual LGBTIQ+ awareness day especially for young people, based in Australia. Supporters wear purple to celebrate diversity and young people from the LGBTIQ+ community.

WHEN: Last Friday of August



BIVISIBILITY DAY

Bi Visibility Day, also known as Celebrate Bisexuality Day, has been marked each year since 1999 to recognise and celebrate Bi+ history, community and culture, and all the Bi+ people in their lives.

WHEN: 23 September



INTERSEX AWARENESS DAY

Intersex Awareness Day aims to celebrate the intersex community, whilst highlight human rights issues faced by intersex people such as secrecy and unwanted genital cosmetic surgeries on intersex children.

WHEN: 26th October



WORLD AIDS DAY

World AIDS Day raises awareness across the world and in the community about the issues surrounding HIV and AIDS. It is a day to show support for people living with HIV, commemorating those people who have died.

WHEN: 1st December



JUNE

AUGUST

SEPTEMBER

OCTOBER

DECEMBER

This resource was created by



THE INNER EASTERN LOCAL LEARNING AND EMPLOYMENT NETWORK



03 9510 5444



www.iellen.org.au



1/107 Wellington St
St Kilda, VIC, 3182

"BETTER FUTURES FOR YOUNG PEOPLE"